

## OUR TEAM

### General Practitioners

Dr John McIntosh  
Dr Sunil Purohit  
Dr Khin Win  
Dr Anna Varghese  
Dr Nash Bashir Patrus  
Dr Kamran Asgaripour  
Dr Karthik Premkumar  
Dr Kamrang Un  
Dr Farima Abedi Ilakhchi

### Practice Manager

Annette Swann

### Assistant Manager

Amanda Mullins

### Nurses

Karen | Jess | Jennifer |  
Sandi | Michelle

### Receptionists

Tara | Fiona | Nickole | Heather  
| Kathy | Kimberly | Yolande

## SURGERY HOURS

Mackay GP Superclinic  
Ph: (07) 4954 8866

**Monday – Friday**  
7:00am – 7:00pm  
after 6pm by appointment only

**Weekends & Public Holidays**  
8:00am – 2:00pm

### AFTER HRS & EMERGENCY

Our practice provides after hours services.  
For appointments **before 10pm** please call  
**0439 292 155**

For appointments **after 10pm** please call  
the doctor direct **0438 976 768**.

All services completed by 11pm will be  
bulk billed.

Consultations after 11pm will incur a fee of  
\$250 with a \$150 Medicare rebate.

## Is there a Doctor in the house?



Dr Anna Varghese

**MBBS, DGO, FRACGP**

Dr Varghese qualified in India where she did her post graduate degree in Obstetrics and Gynaecology. She moved to Australia with her family in 2005 and worked at the Gold Coast Hospital and Toowoomba before moving to Mackay in early 2012. Dr Anna's main interests are women's health, mental health, chronic disease management including diabetes, hypertension and asthma.

Her favourite pastime is reading and spending time with her family.

## HEALTH AWARENESS

*Get involved*



When you notice a  
change, no matter  
how small

**Trust the Signs, Trust your Gut  
& Ask RU OK?**

**RU OK? DAY**  
12 September 2019

Learn the signs and how to ask at [ruok.org.au](http://ruok.org.au)

**GET LOUD  
HERE**



## LOUD SHIRT DAY

**18TH October 2019**

LOUD Shirt Day is a national community initiative which was developed as a fundraising campaign, so that children affected by hearing loss can live life loudly. It couldn't be simpler to show your support.

All you need is a wacky shirt and a commitment to get LOUD

## OUR CLINIC

*Our team of Doctors and staff aim to provide our patients with the utmost professionalism in all aspects of their healthcare.*

*For your convenience our doctors offer the following:*

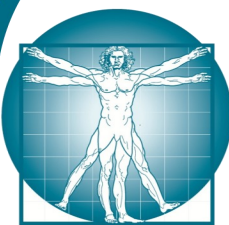
- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Mental Health                        | <input type="checkbox"/> Skin Checks                 | <input type="checkbox"/> Venesections  |
| <input type="checkbox"/> Immunisations                        | <input type="checkbox"/> E- Health                   | <input type="checkbox"/> Telehealth    |
| <input type="checkbox"/> Occupational Health                  | <input type="checkbox"/> Post – Op Checks            | <input type="checkbox"/> Work Injuries |
| <input type="checkbox"/> Pre-employment Medicals              | <input type="checkbox"/> Medical Reports             |  |
| <input type="checkbox"/> Vaccinations (travel and yearly flu) | <input type="checkbox"/> Wound Care & Suture removal |  |
| <input type="checkbox"/> Health checks – women men & children | <input type="checkbox"/> Indigenous Health Care      |  |

**BULK BILLED HOME VISITS**  
**Dr To U**  
Support your community

**1300 GETDRS**  
**(1300 438 377)**

**RECEPTION HOURS**  
Mon-Fri 4pm -10pm  
Sat 12pm -10pm  
Sun 8am -10pm

**BOOK ONLINE**  
[www.drtoou.com.au](http://www.drtoou.com.au)



Mackay  
**GP**

**Superclinic**  
your health precinct

SEPT OCT 2019

## **OUR ALLIED HEALTH PARTNERS**

### **Advanced Mole Clinic**

Mon - Fri 8.30am - 5pm  
1300 665 348

### **Exqisit You**

Mon - Fri 8.30am - 5pm  
PH: 4840 2173

### **Instant Calm**

Teresa Abela  
PH: 0409 819 453

### **Sullivan Nicolaides Pathology**

PH: 4954 7814

### **ChemMart Pharmacy**

PH: 4840 2730

### **Construct Health Physiotherapy**

PH: 4840 2122

### **Northern Beaches Dental**

PH: 4840 2700

### **Bottoms Up Colonics**

PH: 4840 2182

### **Mackay Foot & Ankle**

PH: 0427040737

## **Billing Arrangements**

Please note that we are not a bulk billing surgery, and consultation fees are to be paid at the time of your consult: Payment can be made by Cash, Cheque or Eftpos.

### **Weekdays**

Standard Consultation	<b>\$85.00</b>
Health Care Card	<b>\$70.00</b>
Pension Card	<b>\$55.00</b>

**Weekend Appointments \$95.00**

## **Medical Results**



Due to updated confidentiality laws, please note that only your doctor has access to your test results.

Results can take several days to come through.

A follow up appointment with your doctor will be required to obtain your results, and to maintain continuity of your care.

## **Telephone & Email Access**



Our Doctors are extremely busy, and cannot take your call or see to your emails immediately.

Our staff can take your message and relay it to your doctor when they are available.



Did you know your Personally Controlled Electronic Health Records (PCEHR) is now available to your practitioner online?

PCEHR allows you to control your medical records and allows access to the medical practices of YOUR choice.

Registering for this service will help provide better individual care for our patients.

### **REGISTER:**

Online [www.ehealth.gov.au](http://www.ehealth.gov.au)  
In person at your local medicare office  
Via telephone 1800 723 471, option 1.

### **Repeat Requests**

We value your ongoing health & like to monitor your health requirements.

Any referrals or repeat scripts do require an appointment made with your GP.

### **Personal Information Management**

Your medical record is a confidential document. It is a policy of this Practice to maintain security of Personal Health Information and it is only available to authorised staff.

### **Translating & Interpreting Services**

Phone: 131450

24 Hour Relay Call  
Numbers  
TTY / Voice Call: 133677

Speak & Listen:  
1300 555 727

A phone solution for people who have a hearing or speech impairment.

## **FEEDBACK**

If you have any suggestions, concerns or complaints about the service we would like to hear from you.

### **Please mail your suggestions to:**

Practice Manager, GP Superclinic Group, PO BOX 98, Rural View Qld 4740

### **Unresolved issues can be posted to:**

The Qld Office of the Health Ombudsman, PO Box 13281 George Street, Brisbane Qld 4003

Or Call 133 OHO (133 646), Monday to Friday 9am to 5pm

City Superclinic Mackay  
Mackay GP Superclinic  
Walkerston GP Superclinic  
Marian GP Superclinic  
Hay Point Medical Centre

160 Boundary Road, Ooralea Q 4740  
1-3 Old Eimeo Road, Rural View Q 4740  
13-17 Dutton Street, Walkerston Q 4751  
247 Anzac Avenue, Marian Q 4753  
Shop 7 Valroy Street, Half Tide Q 4740

P: 4952 4929  
P: 4954 8866  
P: 4959 2609  
P: 4954 3702  
P: 4956 3477

[www.citysuperclinicmackay.com.au](http://www.citysuperclinicmackay.com.au)  
[www.mackaygpsuperclinic.com.au](http://www.mackaygpsuperclinic.com.au)  
[www.walkerstongpsuperclinic.com.au](http://www.walkerstongpsuperclinic.com.au)  
[www.mariangpsuperclinic.com.au](http://www.mariangpsuperclinic.com.au)